



## **XC Tuition at Somerford Park**

5th April, 22nd June, 17th August 2019

10am - 4pm

Somerford Park, Holmes Chapel Road,  
Congleton, CW12 4SW

Sian Phipps, our confidence coach returns to Pole Moor Riding Club in 2019. With 4 arranged weekends you are sure to be smashing all your goals you set for this year!

### About Sian...

*I am Sian Phipps; Equitation Coaching Sports Science Bsc (Hons), a British Showjumping Level 2 Coach, Pony Club Registered and an experienced professional rider. I am a performance coach who is determined to aid all riders in achieving the mind-set to obtain their goals.*

*I have over 10 years experience within the Equestrian Industry, training and working with elite riders and coaches as well as, competing up to National Level in Showjumping, riding for the Moreton Morrell Riding Academy in both Showjumping and Dressage teams and have also produced many young, quirky and green horses.*

*I provide individuals with Neuro Linguistic Programming (NLP) techniques, psychological and life coaching methods to allow them to change their mind-set and achieve their goals. I aid individuals in overcoming fears, controlling anxiety, mental blocks and negative mind-sets, which are preventing peak performance.*

Our first part of the weekend kicks off with XC training at Somerford Park.

We have booked the Grassroots XC Field where there are jumps ranging from 30cm to 1 metre. There is also a water complex to practice on too.

### Prices...

Members: £48 per person.

Non-Members: £50 per person.

These prices include one hour's tuition including arena hire. This will be a group session with 3-5 people in your group.

### Booking On...

Payment will secure your booking. Booking reference needs to be: XC (your first name)

Account Number: 03915038 Sort Code: 30-94-43

Please text or call Helen on 07969 919161 if you have any questions or to tell me you have paid so I can secure your place.