

The Ultimate Confidence Building Weekend



Saturdays - 6th April 2019, 22nd June 2019, 17th August 2019 & 5th October 2019

Sundays - 7th April 2019, 23rd June 2019, 18th August 2019 & 6th October 2019

9am - 6pm

Venue - TBC

Sian Phipps, our confidence coach returns to Pole Moor Riding Club in 2019. With 4 arranged weekends you are sure to be smashing all your goals you set for this year!

About Sian...

I am Sian Phipps; Equitation Coaching Sports Science Bsc (Hons), a British Showjumping Level 2 Coach, Pony Club Registered and an experienced professional rider. I am a performance coach who is determined to aid all riders in achieving the mind-set to obtain their goals.

I have over 10 years experience within the Equestrian Industry, training and working with elite riders and coaches as well as, competing up to National Level in Showjumping, riding for the Moreton Morrell Riding Academy in both Showjumping and Dressage teams and have also produced many young, quirky and green horses.

I provide individuals with Neuro Linguistic Programming (NLP) techniques, psychological and life coaching methods to allow them to change their mind-set and achieve their goals. I aid individuals in overcoming fears, controlling anxiety, mental blocks and negative mind-sets, which are preventing peak performance.

Prices...

1. 45 minute private lesson: Members - £25 / Non-Members - £30
2. 45 minute semi-private lesson: Members - £20 / Non-Members - £25
3. 45 minute private lesson and half an hour confidence coaching: Members - £35 / Non-Members - £40

Booking On...

Payment will secure your booking.

Booking reference needs to be: TUCW (your first name)

Account Number: 03915038

Sort Code: 30-94-43

Please text or call Helen on 07969 919161 if you have any questions or to tell me you have paid so I can secure your place.